Empowered Women Leading Business & Positive Change

In Our Community & Around the World...



Business Professional Women



Roses Bistro 84 King St. West Bowmanville, ON, L1C 1R (Get directions)

**The Bulletin** is a publication of the Business and Professional Women's Club of Bowmanville, Bowmanville ON CA

Kris McDonald — Editor Mavis Carlton, Judy Hagerman — Executive Editors

**Deadline for March Bulletin** 

March 10, 2015

Please submit items for the BPW Bowmanville Newsletter to Kris @ krismcdonald.bpw@gmail.com.

# **February Meeting**

Tuesday, February 24, 2015

6:00 PM Social Networking 6:30 PM Dinner

Members Cost: \$30.00

**Non-Members: \$35.00 -**

**Location: Rose's Bistro** 

84 King St. W., Bowmanville

RSVP: Please confirm your reservation with Roxy Barnes at 905-623-5327 before Friday, February 20.

**Guests Welcome!** 

#### DATES TO REMEMBER

March 8 – International Women's Day

March 9-20, 2015 - Commission on the Status of Women (CSW/59/Bejing+20) United Nations, New York

May 22-24, 2015 - BPW Ontario – 69<sup>th</sup> Provincial Conference hosted by BPW Barrie

Aug. 7-8, 2015 - BPW Canada Annual General Meeting and Symposium – Women's Empowering Principles for the prevention of Violence Against Women – includes a Tour of the Canadian Museum of Human Rights at the University of Winnipeg February Programme

Girl Talk Empowerment Day

Katie Zeppieri, founder of

Make your Mark Enterprises Inc.

speaks about her company

and her events

plus

BPW International
Candle Lighting
Ceremony

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#### President's Message

Here we are mid February, the cold, snow and wind chill are here. As hearty Canadians, we grumble, but carry on. The days are lengthening and when the sun shines, there is some heat in those rays.

We had a fabulous meeting in January. We welcomed several guests. Our guest speakers, Chris Newman and Jacalyn Caswell, both spoke with passion about their work with young people. The programs they are running at the Firehouse are quite wonderful and such a help for these young people who have very little support from anyone else. Barb and I took a cheque from BPW over to Chris and Jacalyn the following Tuesday and watched a bit of the warm up for a basketball game. We also talked to Jacalyn who was preparing for her Girls' Group a bit later. At our January meeting, we also welcomed two guests, Kim Rudd and Bonnie Seto. Both these women indicated that they might be interested in joining.

We are thrilled that Melanie Bono is willing to take over as Treasurer. Eleanor has been our Treasurer for a long time and has been excellent, but has been asking to 'retire' for quite a while. She is still housebound but sounds much better. We hope to see her back at the March meeting. Carol Yeo is home but will have a long recovery from her surgery. She was thrilled with the flowers from the Club and has sent a lovely thank you note.

We have received a notice from the Town asking us if we have a nominee for the Volunteer Celebration Event. One of the purposes of this program is to recognize the value of our volunteers. Recognition will not be based on years of service, but rather based on individual contributions.

Hope to see everyone at our February meeting.

Judy Hagerman

# Report on Speaker January 27, 2015

by Kris McDonald

Chris Newman, Programme Coordinator of the Firehouse Youth Program described the beginning of concept of the Firehouse Youth Centre, which dates back to 1998. The Downtown Merchants Association and the Clarington Council were discussing problems with vandalism and loitering of teens in the downtown area after school. There was effectively no place for 12 to 19 year old youth to hang out after school. Many of these kids were without adult supervision after school because of two parents working or single parent families. Following discussions with the school authorities and other community organizations there were significant fundraising activities culminating in the establishment of the present facility at 132 Church Street under the Water Tower.

The John Howard Society of Durham runs the Firehouse Youth Centre. It is a drop-in recreational program open 3pm-8pm Tuesday-Friday. Youth of all ages are welcomed to enjoy the use of pool table, basketball court, hockey nets, online computers, and Nintendo Wii. It is adult-supervised by staff .Adult supervision promotes a pro-social environment. The kids are encouraged to get involved in the activities at the centre, supporting each other through various crises of the growing process. Throughout the summer months, the Firehouse visits places like the Science Centre, Blue Jays games, Wonderland and more free of charge!

Recent additions to the programming are training in life skills (cooking, cleaning), academic assistance, writing a resume and social skills such as projecting a positive attitude and smiling to foster friendship. Teens with home crises such as eviction from their homes or parental abandonment can be connected with appropriate Social Services for housing, financial support and counseling. The gender distribution of the attendees at the Firehall initially was about 70% male and 30 % female, but the present proportions are closer to 50/50.

Jacalyn Caswell, a Co-op Student from the University of Toronto, accompanied Chris. She spoke about her work with girls' groups ages 11-13. Fostering trust with girls who have been marginalized or have few friends can be a tricky situation. Often an opening with a new attendee could start with a simple "Hi!" or a touch of the hand. Jackie encourages girls to participate in group discussions and co-operate with others to achieve social and group goals. Jacalyn is planning some programmes about dating situations and physical involvement with boys.

The enthusiasm of both Chris and Jacalyn spoke well for the future of the Firehall Youth Centre and the young people who attend the programme.

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#### **BPW Bowmanville 2015 Programme**

**Tues, March 24** – Women in Politics *Christine Elliott MPP – to be confirmed* 

**Tues, April 28** – Provincial & National Resolutions Discussion – *Sheila Crook, Resolutions Chair* 

**Tues, May 26** – BPW Bowmanville AGM – Members Only – Reports – Election of Officers

**Tues, June 24** – Gourmet Social – Location to be announced

#### **Within the BPW Bowmanville Family:**

**Happy Birthday** 

Nancy Barnes - February 28

**Mavis Carlton - March 19** 

# From BPW International #BringBackOurGirls Movement

According to the BPW Regional
Coordinator for Africa, Adenike Osadolor, who lives in Nigeria, December 21st 2014 marked the end of the 250 days since the Chibok Girls were abducted. There is a global campaign to put pressure on the Nigerian government to take more effective action to get those girls back—and alive. BPW International requested members to write to their government to communicate and to urge the government of Nigeria to get the girls back. BPW Canada's Immediate Past President, Cara Cote wrote a letter to Stephan Harper which is available at:

http://bpwcanada.com/images/stories/advoacy/Ltr\_to\_PM\_Nigeria.pdf

### From BPW Canada

#### Partnership with Up for Debate

In the lead up to the 2015 Federal election, BPW Canada has joined the *Up For Debate* campaign, an alliance of over 100 women's organizations and their allies from across Canada united in raising awareness about women's rights. Up For Debate calls on all political parties to commit to a federal leaders' debate on issues identified by women—the first in 30 years, and to make meaningful commitments to change women's lives for the better, at home and abroad by ending violence against women, ending women's economic inequality and supporting women's leadership and organizations. Are you *Up For Debate* to promote women's rights? Over 3.5 million Canadians are in support of the campaign to take action. **Join here:** 

http://upfordebate.ca/take-action

#### From BPW Ontario

BPW Ontario is sponsoring a membership drive for the first three months of 2015! The club who has the highest number of fully registered and paid NEW members between January 1st and March 31st will receive one fully paid Provincial Conference registration (value of \$275)!

The attached PowerPoint presentations (identical content...just different Microsoft versions for your convenience) provides insights and tips on how to attract new members. Feel free to share this presentation with your members at your next meeting, or forward it directly to them to read at their leisure.

Good luck in the membership drive!

Regards, Sharon Doran BPWO Secretary

Message sent on behalf of Barb Wetmore, BPWO President

(Editor's note: see President Judy Hagerman's e-mail message of Jan. 5, 2015 for copies of PowerPoint presentations – We are reprinting this in February as the contest is in effect through March 31 – let's get some new members!!!)

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## BPW International Candle Lighting Ceremony February 2015

On February 24 BPW Bowmanville will come together to participate in a special tribute to one of the world's most influential organizations, the International Federation of Business and Professional Women, which unites women around the world. Although its members speak in many languages and live in countries with differing traditions they share the same determination of purpose.

More than 80 years ago, Dr. Lena Madesin Phillips from the U.S.A. founded BPW. A few years later she conceived the idea of the Candle Lighting Ceremony. As BPW members perform this ceremony, we will evoke historical memories, the many accomplishments and celebrate today's achievements. The candles symbolize the ambitions and endeavors of dedicated women in every country around the world.

BPW International is a dynamic and powerful organization of world importance. Public opinion and legislation in many countries have been influenced by its work. It has broadened our horizons and skills. It has increased our rights and our opportunities and it has expanded our service to one another and to the community. As our voice at the United Nations Organization, it presents to that world body information and opinions obtained from our Affiliates worldwide. It enjoys Category 1, Consultative Status with the United Nations Economic and Social Council. It has Consultative Status with the United Nations Educational, Scientific and Cultural Organization, the Board of the United Nations Children's Fund and the International Labor Office. It has the same Consultative Status with the United Nations Industrial Development Organization, the Commission on the Status of Women, the Food and Agriculture Organization, the International Fund for Agricultural Development, and the Council of Europe and other specialized agencies.

With this year's Candle Lighting Ceremony, we will be celebrating the accomplishments of our sister BPW members around the world. By lighting each candle, we will pledge our support to their advocacy and efforts for a better life not only in the more than 100 countries where BPW members will be lighting the same candles, but also throughout the whole world.

#### Together, we will make a difference!

(Excerpted from BPW International Candle Lighting Ceremony 2015)