Empowered Women Leading Business & Positive Change

In Our Community & Around the World...



Business Professional Women

The Bulletin is a monthly publication of BPW Bowmanville. Editor: Kris McDonald <a href="mailto:krismcdonald.bpw@gmail.com">krismcdonald.bpw@gmail.com</a>.



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#### **Dates To Remember**

March 8, 2016 – International Women's Day

March 14-24, 2016 U.N. Commission on the Status of Women (CSW60) New York, NY – Priority Theme – "Women's Empowerment and its Link to Sustainable Development" – Review Theme – "The Elimination and Prevention of All Forms of Violence Against Women and Girls"

April 7 2016 – Equal Pay Day

May 27 - 29, 2016 - BPW Ontario's 70th Provincial Conference 2016 - BPW Brampton Hosts

August 12-14, 2016 - BPW Canada National Convention at Clarion Hotel and Conference Centre, Calgary, Alberta

2017 – BPW International Congress -Cairo, Egypt

#### **BPW Bowmanville Programme 2016**

Tues. Apr. 26 **Resolutions Workshop** Change thru Resolution Building Nancy Barnes, Programme Chair

Tues., May 24 Canadian Business Women A Growing Economic Force AGM / Reports / Election

Tues., June 28 **Year-end Summer Social** Location to be determined

# March Meeting Tuesday, March 22, 2016

6:00 PM Social Networking

6:30 PM Dinner

Members: \$30.00 Non-Members: \$35.00

**Location – Birch Bistro & Lounge** 84 King St.W., Bowmanville

RSVP: Please confirm your reservation with Kris McDonald at 905.419.1568 before Friday, March 18, 2016 Guests Welcome

## **March Programme**

Sheila Hall, Ex. Director Clarington Board of Trade

How Women in Business are Contributing to the Business Success of the Clarington Region

Women's Economic Empowerment
Equality Means Business
Strategic Partnerships for
Positive Change –
Join the Movement!

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#### President's Message

We had a wonderful meeting in February. Channon Oyeniran, our guest speaker, spoke passionately about the history of black men and women in Canada and the contributions they made to Canadian life.

We welcome Suzanne Land as a new member to our club. Suzanne is a CPA and CGA and works for Durham College in the finance department. She also has a Bachelor in Management from Athabasca University and is completing her PCP (Payroll Compliance Practitioner designation) for Payroll.

Prior to having children, Suzanne spent many years building her career and travelling in the US, the UK, the Caribbean and widely in Canada. One of her favourite destinations was to visit gaols and cemeteries. When she worked at IBM in IT she was often called on to travel to the US. At present she works in the not for profit sector and prefers the lower key atmosphere.

In her leisure time, Suzanne enjoys time with her two sons aged 10 and 14. She also does volunteer work for various committees and political associations, hiking, bike riding, weekend trips up north in the summer and downhill skiing. She has plans to introduce her sons to the beautiful lakes all over Ontario.

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Sheila Crook has done an incredible amount of work on Women's Empowerment Principles and we look forward to hearing more about this at our March meeting. Sheila has invited Sheila Hall, Executive Director of the Clarington Board of Trade to speak to us about the Women's Contribution to Clarington's Economy.

In preparation for our AGM in May we can anticipate some changes in the leadership of the club. The present executive has been in their positions a long time. Since our club is growing, it would be healthy to bring other women into the executive. Carrie Andrews has taken over as Treasurer, and Karen Cashin is helping Nancy with program. Kris will remain as Bulletin Editor to continue her fabulous job. We need to look at someone coming forward as First Vice President. I will continue as President for another year to help the transition. We need someone to replace Roxy as meeting coordinator although Kris will be handling it for March. We need someone as secretary to be responsible for correspondence and to take the minutes at our meetings. We need an International Chair and a Federation Promotion chair to work to bring in new members. Please think about where you would like to share your talents and let your name stand for a position on the executive committee.

Have a wonderful March meeting. Nancy Barnes has graciously agreed to chair the March meeting in my absence. I will be hiking some trails on the South Rim of the Grand Canyon in Arizona.

Judy Hagerman

Promoting gender equality is not only a woman's issue, it is a human issue. It is a matter of human dignity and not only fundamental justice, but national justice.

Source: Speech on the unveiling of the Women are Persons Monument, Calgary Alberta, October 18, 1999

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## A look at more of the many "firsts" for Canadian Women The 1928 Amsterdam Olympics

For the first time in history women were permitted to compete in track and field events in the Olympic Games. Seven Canadian women participated in the 1928 Amsterdam Olympics: one swimmer and 6 sprinters who were dubbed The Matchless Six. They were Bobbie Rosenfeld, Jean Thompson, Ethel Smith, Myrtle Cook, Ethel Catherwood, and Florence Bell.

Ethel Catherwood won a gold medal in the high jump. The female relay team from Canada also won a gold medal, thanks to amazing performances by Fanny Rosenfeld, Ethel Smith, Myrtle Cook, Florence Bell and Ethel Catherwood. In the 100 meter final Myrtle Cook, holder of the world-record, was unfortunately disqualified after two false starts. But Ronsenfeld won a silver medal and Smith a bronze. Fanny Rosenfeld was born in Russia in 1905 but grew up in Canada, where she excelled in most sports. She kept busy playing basketball, hockey and softball. In Amsterdam she won a silver medal in the 100m and she was the lead runner in the relay. In 1950 Fanny was named Canada's female athlete of the first half century. Following her athletic career she became a well-known sportswriter.

The modern girl is a better worker and a happier woman by reason of the healthy pleasure she takes in tennis, hockey, lacrosse, swimming, running, jumping and other sports. Fanny Rosenfeld Source: http://www.heroines.ca/history/1928olympics.html.



(Left ) Ethel Smith (left) and Fanny Rosenfeld (second from left) at the 1928 Olympics. National Archives of Canada/PA-151007

(Below) Jane Bell, Myrtle Cook, Ethel Smith and Fanny Rosenfeld at the 1928 Amsterdam Olympics. They won Canada's only 4x100 m Women's Gold Medal.



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#### Equal Pay Day April 17, 2016



#### **Economic Equality**

In BPW, we believe that economic equality and income equity must become a reality if Canada is to achieve the founding principles upon which our Nation was built.

BPW Canada held its third annual **Equal Pay Day Campaign** on March 18, 2013, encouraging Canadian women to become informed about how they can prepare themselves to deal with and potentially put an end to gender-based discriminatory pay practices. Pay practices that limit their advancement to higher paying jobs and undervalue their contribution.

When including the part-time work factor in calculating Ontario's Equal Pay day is even more dismal. BPW Ontario joining with the Equal Pay Coalition have marked April 9, 2013 as the day that women are required to work to achieve the same pay that their male counterparts earn in the 12 month period. April 17, 2016 is Equal Pay Day in Ontario.



