

# BPW BOWMANVILLE

Empowered Women Leading Business & Positive Change

*In Our Community & Around the World...*



Business &  
Professional  
Women

The Bulletin is a monthly publication of

**BPW Bowmanville**

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the Birch bistro & lounge  
84 King St W.  
Bowmanville ON L1C 1R4  
(905) 419-0491  
[BirchBistro@gmail.com...](mailto:BirchBistro@gmail.com)

## September Menu

Spinach salad with sweet  
cranberries, Asian pear, sugared  
pecans with raspberry balsamic  
vinaigrette

Sweet roasted ratatouille cannelloni

Fresh fruit salad with whipped  
cream - or -

Carrot cake with cream cheese icing  
(nut free)

## September Meeting Tuesday, September 26, 2017

6:00 PM Social Networking

6:30 PM Dinner

Members: \$30.00

Non-Members: \$35.00

**Location – Birch Bistro & Lounge**

84 King St. W, Bowmanville

RSVP: Please confirm your reservation  
with any dietary restrictions

to Kris McDonald at

905.419.1568 or

[krismcdonald.bpw@gmail.com](mailto:krismcdonald.bpw@gmail.com) before

Friday, September 22, 2017

**Guests Welcome**

## September Programme

### Power Through Resolutions

- Discussion of Resolutions for BPW Ontario Conference
- [Report of Delegates from BPW Canada AGM 2017](#)



Members please bring copies of the  
Resolutions Package downloaded from  
website of BPW Ontario conference site  
<http://bpwontario.com/conferece> .



**BPW Ontario's 71st Conference**  
**September 29 to October 1, 2017**

**Hosted by BPW Niagara Falls**

**Hilton Garden Inn: Niagara-on-the-Lake**

***BPW Ontario: Ours To Discover***



***Join Us***

***Celebrate the Power of Women***  
**100 Years of Suffrage in Ontario**  
**150 Years of Confederation in Canada**  
**100 Years of Women's Advocacy with**  
**BPW Niagara Falls**

**Conference Sponsored by W.O.R.K.**



**For details: See BPW Ontario**

<http://bpwontario.com/events/provincialconference.html>



## **Dates to Remember**

**September 29 –October 1, 2017**

**BPW Ontario 71<sup>st</sup>**

**Provincial Conference**

***BPW Niagara Falls - Host Club***

**October 23-27, 2017**

**BPW International Congress**

***Cairo Egypt***

## **President's Message**

Welcome back to another year in BPW. Nancy Barnes and Karen Cashin have put together a wonderful selection of programs for us.

Sheila Crook and Nancy travelled to Moncton in August and will be giving us a report from the National AGM at our Sept meeting.

We will also be discussing the Resolutions for our Provincial Conference being held at the end of September. We will have an excellent representation from Bowmanville. Kris McDonald and Valerie Mayer-Griffith will be our delegates and Deborah Mathias and Joanne Cox will be our alternates. Nancy and Judy will share the time keeping job.

While we are at the September 2017 Conference at the end of September in Niagara on the Lake we will also be promoting the 2018 Conference. Bowmanville along with North Toronto will be hosting the next Provincial Conference in Toronto in early June 2018. Having had a few meetings over the summer concerning the 2018 Conference, Bowmanville has agreed to take on the Registration and that includes the early registration which will take place this September. It's a good thing Sheila has a firm grasp of what we need to do.

At this September's Conference we also need to contribute a basket to be raffled off (as a fund raiser to defray the cost of running a conference). We are looking for volunteers to help put this basket together. In addition, since Bowmanville won the Membership trophy last year, it is our responsibility to bring the trophy/plaque back with us accompanied by a bottle of bubbly for this year's winner.

Our three new members from the Durham Club, Pat Keays, Joanne Cox and Valerie Mayer-Griffith are really doing Conference right. They are heading to Niagara on the Lake a day early in order to be able to see a show at the Shaw Festival.

I hope to see everyone on September 26 for our first meeting of this year.

*Judy Hagerman*



## Canadian Women of Consequence

### **Catharine Parr Traill, née Strickland**

pioneer writer, botanist (b at London, Eng  
9 Jan 1802; d at Lakefield, ON 29 Aug 1899).

In 1832 Traill immigrated to Canada with her husband, half-pay Lieutenant Thomas Traill, and settled on the Otonabee River near Peterborough, next door to her sister Susanna Moodie.

There Traill wrote her most famous book, *The Backwoods of Canada* (1836), a factual and scientific account of her first 3 years in the bush, a pragmatic and optimistic work stressing the kind of realistic detail that has become a tradition in Canadian literature in such writers as Farley Mowat and Pierre Berton.

Catherine's published works include

- juvenile fiction
- *The Female Emigrant's Guide* (1854) – a housekeeping manual
- *Canadian Wildflowers* (1868) - a treatise on Canadian botany
- *Studies of Plant Life in Canada* (1885) – a second treatise on Canadian botany – both with detailed drawings of Canadian plant life and its uses in cooking and the treatment of illnesses

Source: <http://www.thecanadianencyclopedia.ca/en/article/catharine-parr-traill/>

*Editor's note: This Canadian woman was highlighted at the suggestion of member Joanne Cox. Thank you, Joanne. Other members please feel free to do the same to my e-mail address: [krismcdonald.bpw@gmail.com](mailto:krismcdonald.bpw@gmail.com).*

***Could Catharine be a forewoman of our own Corinna Trail??***